

I have provided media consultation and/or content for a variety of providers including:

- BBC Radio 1
- CBBC Online
- BBC Schools Radio
- BBC Learning
- Independent production companies (Endemol, RDF, Lambent and Maverick)
- Public Relations Companies (Bottle PR)

I have offered psychological consultation in various ways including:

- Assessing and analysing programme material and providing reports on important issues.
- Creating “talking points” to aid teaching for programmes made for schools.
- Providing “expert” perspectives within programmes for both TV and Radio.
- Working with producers to assess whether or not including programme material was ultimately safe for those who participated.
- Consulting with writers/researchers on fictional programmes enabling them to accurately portray either therapeutic situations, or to understand the human face of mental illness.
- Offering on-site psychological support to individuals encountering difficult emotional material during the making of a programme.
- Offering supervision to programme makers or researchers/participants who are distressed by the material they have been covering.
- Communicating psychological insights from material that may not be easily accessible to the public.